Lifesaving Society Aquatic Management Instructor Candidate Self-Assessment

This self-assessment presents the learning outcomes that instructor candidates must achieve in order to pass the Lifesaving Society Aquatic Management Instructor Course.

Pre-course

Review the learning outcomes and assess yourself on each learning outcome on a scale from 1 to 3:

   1 – You need more knowledge or practice to achieve this learning outcome.

   2 – You are reasonably confident about your ability in this learning outcome.

   3 – You have mastered this learning outcome.

Before the course, send your completed self-assessment to the Trainer. Bring your copy to the course.

On course

You and the Trainer will use this self-assessment to track your growth and development on learning outcomes throughout the course. It might be helpful to think of the learning outcomes as personal learning goals.

End of course

Ideally, by the end of the Aquatic Management Instructor course, you and the Trainer will agree that you have achieved all learning outcomes.

Aquatic Management Instructor Candidate Name:

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Comments:

Aquatic Management Instructor Course Learning Outcomes	Pre-course	On-course	End of course
Roles and Responsibilities			
• Understand the roles of the instructor and accept the Aquatic Management Instructor job description. • Understand the importance of ethical behaviour that is aligned with the mission, vision and values of the Lifesaving Society. • Understand their professional responsibility in upholding the values of the Lifesaving Society. • Understand their professional responsibility for the integrity of Aquatic Supervisor and Aquatic Manager certification standards.			
Policies and Procedures			
• Know where to find Lifesaving Society policies and procedures. • Understand the Aquatic Management Instructor's responsibility to work within the Society's policies and procedures. • Understand the possible consequences of not following the Society's policies and procedures.			
Diversity and Inclusion			
• Understand how dimensions of diversity can affect inclusion. • Understand the influence of groups on individual behaviour. • Demonstrate how to create a respectful learning environment that accommodates candidates' abilities and characteristics.			
Health and Safety			
• Understand the Aquatic Management Instructor's responsibilities related to relevant safety regulations, legislation, and facility-specific emergency procedures. • Know how to model and cultivate a "safety culture" among candidates. • Understand their obligations with respect to the candidates' behaviour.			

Aquatic Management Instructor Course Learning Outcomes	Pre-course	On-course	End of course
The Lifesaving Society			
• Know that the Society is a charitable, volunteer organization that operates at local, provincial/territorial, national and international levels. • Know the mission, vision and values of the Lifesaving Society. • Understand the scope of the Society's drowning prevention activities including its training programs and how they support the Society's drowning prevention mission. • Know that the Lifesaving Society establishes aquatic safety standards and sets the standard for lifeguarding in Canada.			
The Leadership System			
• Understand the range of Lifesaving Society leadership training and certifications available to Aquatic Management Instructors.			
Curriculum, Course and Reference Materials			
• Understand the unit structure of the *Aquatic Management Award Guide*: specifically, the function and relationships among Learning Outcomes, Performance Requirements and Learning Activities. • Understand the relationship between Aquatic Supervisor and Aquatic Manager curricula and the related job responsibilities. • Understand the candidate evaluation criteria in the *Aquatic Management Award Guide*. • Understand how the instructor incorporates Aquatic Supervisor and Aquatic Manager references and resources into a course.			
Aquatic Supervisor and Aquatic Manager Candidate Reference Materials			
• Identify the required candidate references for Aquatic Supervisor and Aquatic Manager certifications. • Understand how to use the candidate workbooks and other mandatory references.			

Aquatic Management Instructor Course Learning Outcomes	Pre-course	On-course	End of course
Decision-making and Problem-solving			
• Demonstrate effective problem-solving skills by seeking out issues, concerns and other perspectives in coming to appropriate decisions aligned with Lifesaving Society mission, vision and values. • Systematically evaluate competing views, priorities and alternatives using identified criteria when making decisions.			
Teamwork, Collaboration, and Communication			
• Demonstrate effective communication skills through active listening, providing objective feedback and reacting to non-verbal signals from candidates. • Know how to assist groups to achieve goals. • Demonstrate the ability to entertain and explore multiple perspectives. • Understand the importance of teamwork skills in groups. • Understand the characteristics of successful teams and common causes of team difficulties.			
Planning the Course and the Session			
• Understand the relationship between the course content defined in the *Aquatic Management Award Guide* and the instructor's core plan. • Understand the purpose of and know how to create core plans and session plans appropriate for various schedules. • Understand how and when to modify course and session plans. • Know how to establish clear and appropriate learning goals and related activities for each session.			
Learners and Learning			
• Understand the learning characteristics of Aquatic Supervisor or Aquatic Manager candidates and the implications for the instructor. • Understand how to develop critical thinking and decision-making skills in candidates. • Create and apply strategies to engage Aquatic Supervisor or Aquatic Manager candidates in their learning.			

Aquatic Management Instructor Course Learning Outcomes	Pre-course	On-course	End of course
Teaching Candidates			
• Understand the characteristics that make a methodology appropriate for Aquatic Supervisor or Aquatic Manager candidates. • Demonstrate a variety of presentation techniques appropriate for different units of the Aquatic Supervisor or Aquatic Manager course. • Build an effective and inclusive learning environment using the principles of learning, group dynamics and problem-solving.			

Instructor Candidate Expectations and Evaluation			
Instructor Candidate Expectations and Evaluation			
• Understand the criteria by which they will be evaluated. • Understand how, when, by whom they will be evaluated.			

Evaluating Candidates			
Evaluating Candidates			
• Understand and can apply candidate evaluation criteria (i.e., Performance Requirements) from the *Aquatic Management Award Guide*. • Understand how and when to provide effective feedback both verbally and in writing. • Know how to provide effective formative feedback to self and others to improve candidate performance. • Know how to provide summative feedback supported by the relevant course references.			